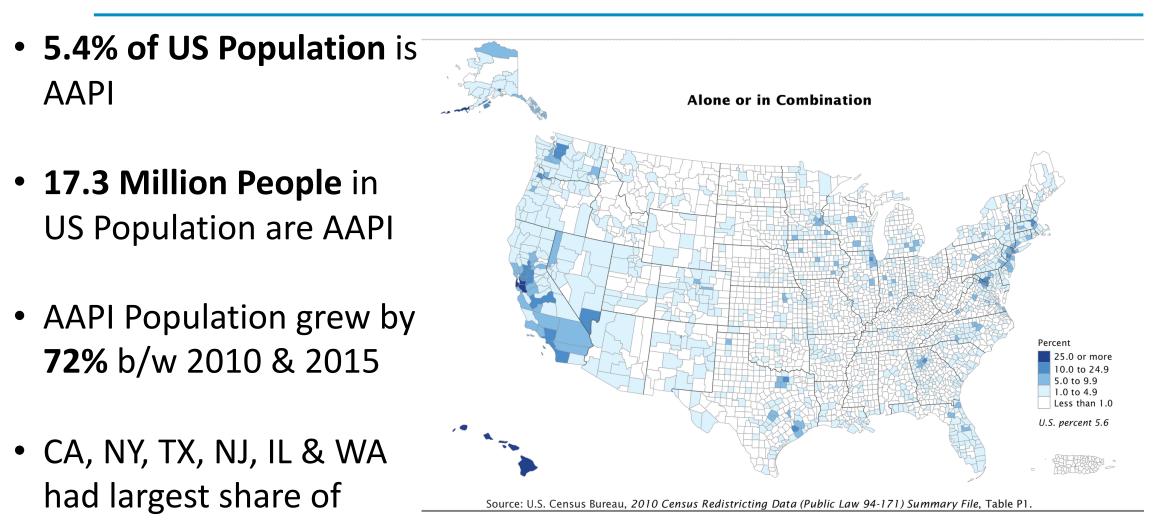
## AAPI Communities: Health, Stigma, & Advocacy

Vrushabh Shah, MPH Senior Associate, Prevention



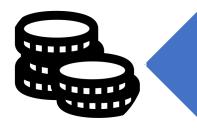
# **Background Characteristics**



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**AAPI** Community

# Background Characteristics (Cont.)



AAPI adults have lower rates of unemployment than non-Hispanic white Americans (3.4% vs. 3.9%)



52.3% of AAPI Americans in comparison to 34.2% of total non-Hispanic white Americans earned at least a bachelor's degree



AAPI-Americans accounted for onequarter of all immigrants who arrived to the U.S. since 1965



# **Background Characteristics (Cont.)**

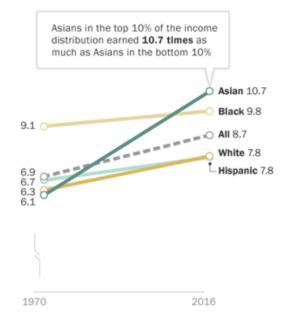
#### A A P I D A T A

#### No Health Insurance

Nepalese	22%
Korean	20%
Pakistani	19%
Burmese	19%
Thai	19%
Malaysian	19%
Bangledeshi	17%
Indonesian	17%
Bhutanese	17%
Cambodian	16%
Laotian	16%
Vietnamese	16%
Hmong	14%
Chinese	12%
Sri Lankan	11%
Filipino	10%
Asian Indian	9%
Taiwanese	8%
Japanese	۵%
	Source: Analysis of 2015 American Community Survey Microdat

#### From lowest to highest: Income inequality in U.S. increased most among Asians from 1970 to 2016

Ratio of income at the 90th percentile to income at the 10th percentile



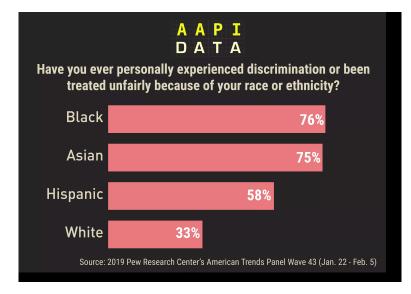
Note: Whites, blacks and Asians include only non-Hispanics and are single-race only in 2016. Hispanics are of any race. Asians include Pacific Islanders. Income is adjusted for household size. See Methodology for details.

Source: Pew Research Center analysis of 1970 decennial census and 2016 American Community Survey (IPUMS).

"Income Inequality in the U.S. Is Rising Most Rapidly Among Asians"

#### PEW RESEARCH CENTER

# Experiences of Discrimination



A A P I D A T A									
Police Discrimination									
	Asian Americans are unfairly treated by police								
		Strongly Agi	ree 📃 Ne Agree 📕 Do	either Agre on't know	ee nor Disa	gree 📕 S S	omewhat D trongly disa	lisagree agree	
Filipino	16%	14%	10%	12%	<mark>6</mark> 30%		16	16%	
Vietnamese	16%	20%		16%	10%		20%	20%	5
Chinese	16%	18%		26%		10%	10%	22%	
Korean	14%		34%		10%	14%	6	20%	4%
Asian Indian	12%	26%		10%	12%	18	%	24%	
Japanese	<mark>4%</mark> 16	% 2	:0%	12%	s		6% an American Vote	er Survey, Among Regis	12% Itered Voters

APIA DATA

Labor Issue Importance: Harassment and Discrimination

How important is it that workers are free from harassment and discrimination?

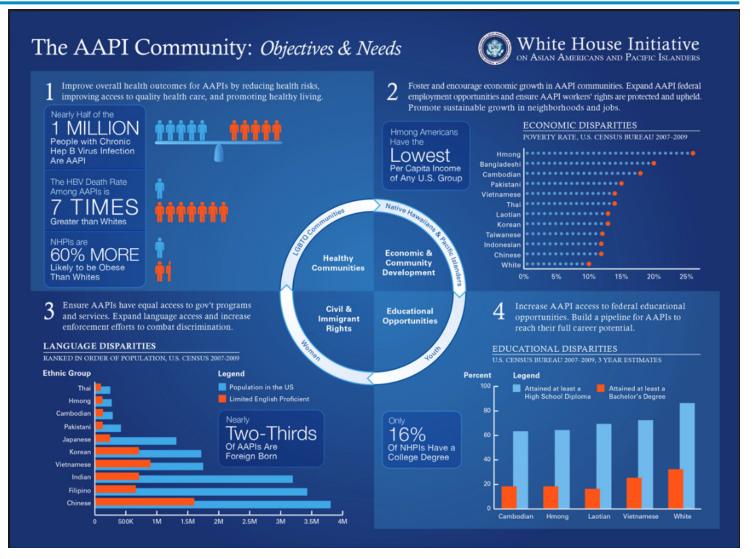
	Extremely important Very important	Somewnat important Mot that imp	ortant 🔳 Don
Chinese	58%	34%	6% 4%
ASIAN AM	46%	42%	8%
Filipino	46%	44%	6%
Vietnamese	46%	40%	<mark>8%</mark> 4%4%
Asian Indian	42%	48%	8%
Japanese	38%	50%	10%
Korean	38%	38% 14%	6% 4%
		Source: 2018 Asian American Voter Survey (AAVS) by APIAV	ote and AAPI Data



# Community Needs & Concerns

Respondents indicated that the four most important issues facing AAPI people were:

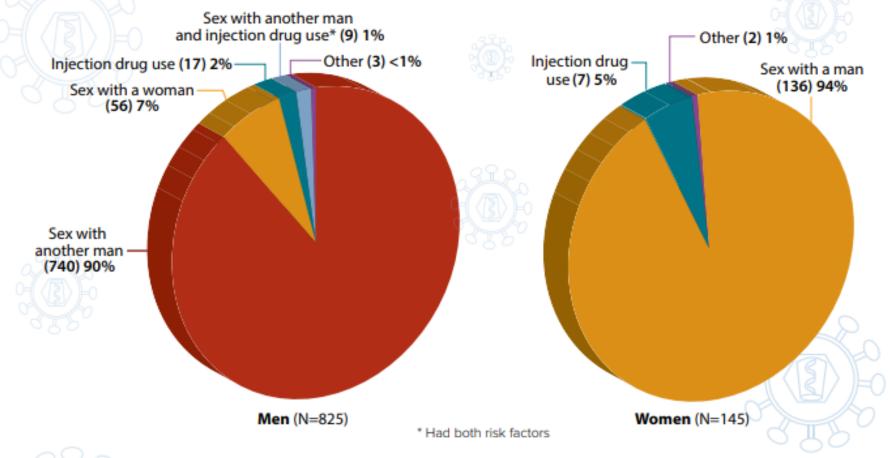
- 1. Health
- 2. Economy
- 3. Civil & Immigrant Rights
- 4. Education Opportunities



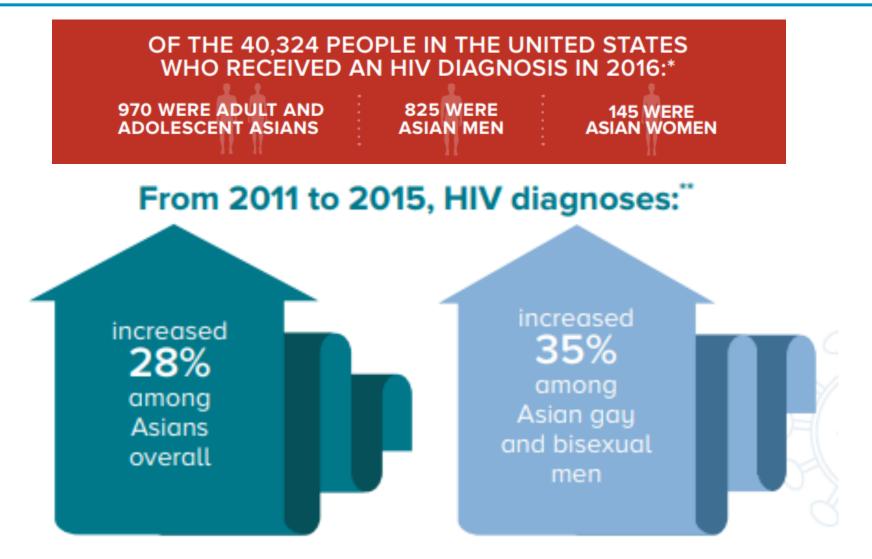


## AAPI: HIV

#### How did Asians who received an HIV diagnosis in 2016 get the virus?



# AAPI: HIV (Cont.)



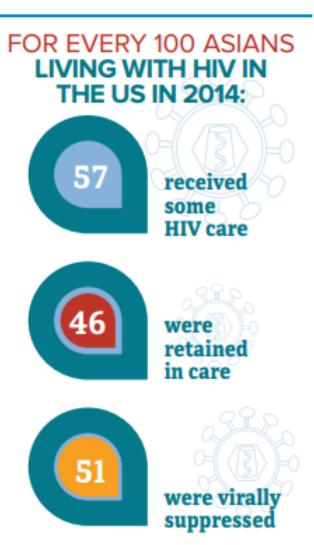
# AAPI: HIV (Cont.)

#### Why Higher Risk?

- <u>May not seek testing</u>, <u>counseling</u>, <u>or treatment</u> because of language and immigration issues, stigma, and fear of discrimination or shame
- <u>Limited research</u> about Asian health and HIV infection results in fewer prevention programs and behavioral interventions focusing on this population.

AT THE END OF 2015, AN ESTIMATED **15,800 ASIANS WERE** LIVING WITH HIV IN THE US.





# AAPI: Viral Hepatitis



AAPI's make up less than 5% of the total population in the United States, but account for more than 50% of nearly one million Americans living with chronic hepatitis B



Nearly 70% of Asian Americans are foreign-born and estimates have found that approximately 58% of foreignborn people with chronic hepatitis B are from Asia



Asian Americans and Pacific Islanders are 8-13 times more likely to develop liver cancer than other groups, primarily due to hepatitis B infection

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## **Centering AAPI Experiences**

- Who am I speaking with or learning about?
- What does their life look like and what community are they from?

#### Engagement

#### Maintenance

- How do I work to check-in on their needs?
- How do I ensure my work reflects their experiences of stigma, religion, family, and self?

- What can I do to set boundaries to create intentional spaces for larger community?
- Who do I know that needs oversight? support?

### Sustainability

# AAPI Advocacy & Language

- 1. Recognize that the AAPI community is diverse and that no one voice can or should represent an entire community. AAPI people encompass a broad spectrum of life experiences.
  - We are a community that spans several languages, countries of origin, religions and are present in every region of this country and every economic class.
- 2. Differentiate between those who are American citizens and those who are citizens of other countries.
  - If talking about American citizens of Japanese descent, use "Japanese American" rather than "Japanese." This reduces implications that people of Asian descent are all foreign or foreign born.
  - If referring to Asians from both Asia and the U.S., the term "people of Asian descent" can alternately be used. This can also apply when describing specific ethnicities.
- 3. Avoid hyphenating racial and/ or ethnic identities.
  - Use "Chinese American" or "Asian American" rather than "Chinese-American" or "Asian-American". Hyphenation implies that a person is not a true American.
- 4. Engage Vulnerable AAPI communities, including the LGBT AAPI community.
  - It is important to acknowledge the many members of the AAPI community that continues to live in the shadows, and face compounding layers of persecution and discrimination. Engaging these communities in a culturally-competent way ensures the broader community is served meaningfully.



Stigmas, Stories, & Lived Experiences

# "I feel like I don't belong"

# "Why am I fetishized?"

"We just don't talk about that here..."

# "family is...tough"



# Additional Resources

- AAPI Data <u>http://aapidata.com/</u>
  - Open-source data bank that posts tagged literature, data, statistics, and policy analyses surrounding AAPI related issues. Portion of site is dedicated to LGBT concerns, and has significant breadth of information for the community in general.
- White House Initiative on AAPI <u>https://sites.ed.gov/aapi/</u>
  - Initiative works to improve the quality of life for Asian Americans and Pacific Islanders across the nation through increased access to, and participation in, federal programs in which they may be underserved. Visit for resources on national advocacy, health data, and community-level organizations.
- National Queer Asian Pacific Islander Alliance (NQAPIA) <u>www.nqapia.org</u>
  - Federation of local LGBTQ Asian American, South Asian, Southeast Asian and Pacific Islander (APIs) organizations that support LGBTQ APIs.
- Centers for Disease Control (CDC) AAPI Health <u>https://www.cdc.gov/nchs/fastats/asian-health.htm</u>
  - Most Recent data on AAPI Health affecting AAPI communities, including Hepatitis B trends. There is a large level of aggregate data that can be obtained and publicly disseminated from here as well.



# Additional Organizations (Cont.)

<u>APIA Vote</u>: dedicated to increasing civic and voter participation among APIAs <u>Asian Americans Advancing Justice (AAAJ)</u>: dedicated to advancing APIA civil rights; note that there are six separate chapters of AAAJ that each do amazing work on their own. Donations should be directed to specific chapters.

Asian American Legal Defense & Education Fund (AALDEF): dedicated to protecting and advocating for legal and civil rights of Asian Americans

Asian Pacific American Institute for Congressional Studies (APAIC): dedicated to improving APIA political participation

Association of Filipinas, Feminists Fighting Imperialism, Re-feudalization, and Marginalization (AF3IRM): National, empowering Filipino American feminism and fighting transnational imperialism Chinese for Affirmative Action (CAA): progressives advocating for entire AAPI community and dedicated to immigrant rights, language diversity, and remidies for racial injustice Leadership Education for Asian Pacifics (LEAP): dedicated towards fostering leadership within the APIA community National Asian Pacific American Bar Association (NAPABA): dedicated to professional development and advocacy for APIAs working in the legal system National Association of Asian American Professionals (NAAAP): leadership organization for APIA professionals National Coalition for Asian Pacific American Community Development (CAPACD): dedicated to addressing

housing and community needs for lower-income APIAs

OCA: dedicated to advancement of Asian Americans

# Thank You!

For more information or any follow-up questions, please contact Vrushabh Shah at vshah@nastad.org

