HBV TeleECHO Case Examples

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Immune active chronic hepatitis B during pregnancy

25-year-old woman screened HBsAg positive during initial obstetrics evaluation for first pregnancy.

At 10 weeks gestation, HBV DNA > 170,000,000 IU/mL, HBeAg positive, ALT 93, AST 50, plt 173, bil 0.4, Cr 0.48

Questions:
• For pregnant women with high viral load and ALT in the 1st trimester, should we start antiviral right away or wait until 3rd trimester to minimize potential adverse medication side effects to the infant?
• Should the medication be continued after pregnancy if the patient wants to breastfeed?
HBsAg loss during pregnancy with detectable viral load

31-year-old woman with history of inactive chronic hepatitis B (HBsAg positive, HBeAg negative, HBV DNA < 20 IU/mL, ALT < 20) serocleared HBsAg during 1st trimester of 2nd pregnancy, though found to have HBV DNA 26 IU/mL during routine CHB monitoring.

Question: Should HBIG be given at birth?
28-year-old woman with inactive chronic hepatitis B (HBeAg negative, HBV DNA 1810, ALT 9) with history of thrombocytopenia presented with platelet count of 78,000 during 1st trimester of pregnancy

Question: What are possible causes of thrombocytopenia in this young patient without signs or symptoms of cirrhosis?
Perinatal hepatitis B management in multiple pregnancy

40-year-old woman with chronic hepatitis B eAg negative, HBV DNA 690970 IU/mL and ALT 43 at 14 weeks gestation for triplet pregnancy. At 18 weeks gestation, HBV DNA 419000 IU/mL and ALT 28. Patient is reluctant to start antiviral due to concerns about harm to her fetuses.

Questions:
• What is the optimal timing of antiviral initiation in a triplet pregnancy?
• Is vertical transmission risk decreased in HBeAg negative patients or with C-section?
IF YOU HAVE HEPATITIS B, PROTECT YOUR BABY
USE THIS CHART TO TRACK YOUR CARE AND YOUR BABY'S CARE

If you have hepatitis B, the virus can be transmitted to your newborn through your blood at birth. The baby can then carry this serious disease for a lifetime. To prevent infection, make sure your baby is protected with immunizations. Also, see your doctor regularly to take care of your hepatitis B and avoid liver damage.

DURING PREGNANCY

☐ Get blood tests.
   - Hep B Viral Load
   - Liver tests
   - Hep B e antigen

If your disease is severe, your doctor may talk to you about taking hepatitis B medication.

☐ Make sure your spouse and those living with you are tested for hepatitis B.

☐ See a doctor regularly for hepatitis B.

AT BIRTH

☐ Tell the staff at the hospital you have hepatitis B.

☐ Baby must receive 2 shots within 12 hours of birth to protect from infection.

One shot of hepatitis B immunoglobulin (HBIG)

1st shot of the hepatitis B vaccine

Once baby gets the HBIG shot and hepatitis B vaccine, it is safe to breastfeeding.

Hospital staff will give you an immunization card to track baby’s shots. Bring this card to all of your baby’s doctor visits.

AFTER DELIVERY

☐ Make sure your baby receives the 2nd shot of the hepatitis B vaccine.

1-2 MONTHS

☐ Make sure your baby receives the 3rd shot of hepatitis B vaccine. This shot should not be given before 6 months, or baby will not be fully protected.

6 MONTHS

☐ Make sure baby gets a blood test to check if he or she is protected after the shots. This is special for babies born to mothers with hepatitis B.

HbsAg

HbsAb

Check the test result:
   - Protected
   - Not Protected*
   - Infected

* If baby is not fully protected from hepatitis B, the doctor will repeat the vaccines.

9-12 MONTHS

☐ Make sure baby gets a blood test to check if he or she is protected after the shots. This is special for babies born to mothers with hepatitis B.

IF YOUR BABY IS CARED FOR IN CHINA

- The caretaker must tell the new doctor that baby’s mother has hepatitis B. It is very important to make sure the baby gets the 2nd and 3rd dose of the vaccine.

- Your baby must get the 3rd shot at 6 months and not earlier.

- Ask the doctor to test your baby by 15 months to check if he or she is protected from hepatitis B. This is not done for all babies, so the caretaker should request it because it is important for your baby. Keep a copy of the results.

- When your child returns to the United States, bring your child’s vaccination records from China, and schedule a check up for your child. Immunization records are needed for children to enter to school.